



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Reinländer, Jürgen

Club: Hobbyläufer

Number: 52

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

Senioren M50 (50-59 Jahre)

Total time: 23:32

Speed: 10.20 km/h

Running performance: 5:53 min/km

Rank in course/Total: 361 (of 477)

Rank in course/Men: 261 (of 315)

Best time in course: 12:17

Rank in category: 29(of 35)

Best time in the category: 15:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	12:05	6:02	28	5:48	256	6:05	2.00	12:05	6:02	15	1:22	160	6:05
Leichtathletikhalle	2.00	11:27	5:43	28	3:45	248	5:13	4.00	23:32	5:53	29	8:21	261	11:15