



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Tobias, Broßmann

Club: SF Marbach

Number: 312

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 20:06

Speed: 11.94 km/h

Running performance: 5:02 min/km

Rank in course/Total: 171 (of 477)

Rank in course/Men: 138 (of 315)

Best time in course: 12:17

Rank in category: 35 (of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	9:38	4:48	30	2:32	118	3:38	2.00	9:38	4:48	20		129	3:38
Leichtathletikhalle	2.00	10:28	5:14	38	3:04	183	4:14	4.00	20:06	5:01	35	5:12	138	7:49