



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Voigt, Lorenz

Club: RSC Turbine Erfurt

Number: 186

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 20:31

Speed: 11.70 km/h

Running performance: 5:08 min/km

Rank in course/Total: 183 (of 477)

Rank in course/Men: 149 (of 315)

Best time in course: 12:17

Rank in category: 37(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:12	4:35	20	2:06	96	3:12	2.00	9:12	4:35	19		59	3:12
Leichtathletikhalle	2.00	11:19	5:39	44	3:55	241	5:05	4.00	20:31	5:07	37	5:37	149	8:14