



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Kellner, Tobias

Club: Faulungen

Number: 834

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Männer (20-29 Jahre)

Total time: 36:15

Speed: 16.55 km/h

Running performance: 3:37 min/km

Rank in course/Total: 15 (of 686)

Rank in course/Men: 14 (of 543)

Best time in course: 29:39

Rank in category: 8(of 69)

Best time in the category: 29:39

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	6:57	3:28	7	0:55	15	0:55	2.00	6:57	3:28	49		12	0:55
Runde	2.00	7:02	3:30	7	1:05	12	1:05	4.00	13:59	3:29	49		11	2:00
Runde	2.00	7:22	3:40	8	1:27	14	1:27	6.00	21:21	3:33	49		10	3:27
Runde	2.00	7:27	3:43	8	1:32	16	1:32	8.00	28:48	3:36	49		10	4:59
Leichtathletikhah	2.00	7:27	3:43	10	1:37	18	1:37	10.00	36:15	3:37	8	6:36	14	6:36