



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Marx, Thomas

Club: Wendehausen

Number: 896

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Männer (20-29 Jahre)

Total time: 38:42

Speed: 15.50 km/h

Running performance: 3:52 min/km

Rank in course/Total: 33 (of 686)

Rank in course/Men: 29 (of 543)

Best time in course: 29:39

Rank in category: 12(of 69)

Best time in the category: 29:39

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	7:40	3:50	14	1:38	34	1:38	2.00	7:40	3:50	43		30	1:38	
Runde	2.00	7:47	3:53	12	1:50	30	1:50	4.00	15:27	3:51	43		29	3:28	
Runde	2.00	7:55	3:57	12	2:00	29	2:00	6.00	23:22	3:53	43		28	5:28	
Runde	2.00	7:48	3:53	11	1:53	22	1:53	8.00	31:10	3:53	43		28	7:21	
Leichtathletikhah	2.00	7:32	3:46	12	1:42	21	1:42	10.00	38:42	3:52	12	9:03	29	9:03	