



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Büttner, Dieter

Club: TSV Bischofsheim

Number: 1424

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Senioren M50 (50-59 Jahre)

Total time: 41:28

Speed: 14.47 km/h

Running performance: 4:09 min/km

Rank in course/Total: 59 (of 686)

Rank in course/Men: 53 (of 543)

Best time in course: 29:39

Rank in category: 5(of 107)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:04	4:01	8	0:29	62	2:02	2.00	8:04	4:01	5	0:29	34	2:02
Runde	2.00	8:22	4:11	7	0:25	71	2:25	4.00	16:26	4:06	5	0:51	55	4:27
Runde	2.00	8:24	4:12	4	0:17	58	2:29	6.00	24:50	4:08	5	1:08	54	6:56
Runde	2.00	8:26	4:13	4	0:22	58	2:31	8.00	33:16	4:09	5	1:30	53	9:27
Leichtathletikhall	2.00	8:12	4:05	4	0:17	60	2:22	10.00	41:28	4:08	5	1:47	53	11:49