



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Reinhardt, Diego

Club: SG Union Schöna

Number: 607

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

Männer (20-29 Jahre)

Total time: 16:18

Speed: 14.72 km/h

Running performance: 4:05 min/km

Rank in course/Total: 45 (of 477)

Rank in course/Men: 39 (of 315)

Best time in course: 12:17

Rank in category: 8(of 28)

Best time in the category: 12:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	7:59	3:59	8	1:53	39	1:59	2.00	7:59	3:59	20		55	1:59
Leichtathletikh	2.00	8:19	4:09	9	2:05	48	2:05	4.00	16:18	4:04	8	3:58	39	4:01