



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Weiner, Jonas**

Club: Suhler Pöllbergverein

Number: 975

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 50:07

Speed: 11.97 km/h

Running performance: 5:01 min/km

Rank in course/Total: 333 (of 686)

Rank in course/Men: 302 (of 543)

Best time in course: 29:39

Rank in category: 12(of 20)

Best time in the category: 32:24

### Intermediate times

### Stage score

### Total ranking

| Control           | Split |       | Pos  | Behind | Pos    |      | Total | Total | Total | Pos  | Behind | Pos   | Behind |       |
|-------------------|-------|-------|------|--------|--------|------|-------|-------|-------|------|--------|-------|--------|-------|
|                   | km    | Time  |      |        | min/km | Cat. |       |       |       |      |        |       |        | Cat.  |
| Runde             | 2.00  | 10:21 | 5:10 | 13     | 3:56   | 308  | 4:19  | 2.00  | 10:21 | 5:10 | 15     |       | 205    | 4:19  |
| Runde             | 2.00  | 9:12  | 4:35 | 9      | 2:40   | 194  | 3:15  | 4.00  | 19:33 | 4:53 | 15     |       | 203    | 7:34  |
| Runde             | 2.00  | 9:39  | 4:49 | 10     | 2:59   | 254  | 3:44  | 6.00  | 29:12 | 4:51 | 15     |       | 155    | 11:18 |
| Runde             | 2.00  | 10:39 | 5:19 | 18     | 4:11   | 399  | 4:44  | 8.00  | 39:51 | 4:58 | 15     |       | 201    | 16:02 |
| Leichtathletikhäl | 2.00  | 10:16 | 5:08 | 19     | 3:57   | 368  | 4:26  | 10.00 | 50:07 | 5:00 | 12     | 17:43 | 302    | 20:28 |