



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

### Wiewald, Wolfgang

Club: Gotha  
Number: 1222

Course: 10.00 km  
Wertungslauf um den Braugold-Pokal

Category:  
Senioren M60 (60-69 Jahre)

Total time: 49:38

Speed: 12.09 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 322 (of 686)

Rank in course/Men: 291 (of 543)

Best time in course: 29:39

Rank in category: 9(of 25)

Best time in the category: 42:27

### Intermediate times

### Stage score

### Total ranking

| Control         | Intermediate times |            |              |          |             | Stage score |            |          |            | Total ranking |          |             |         |            |
|-----------------|--------------------|------------|--------------|----------|-------------|-------------|------------|----------|------------|---------------|----------|-------------|---------|------------|
|                 | Split km           | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men     | Behind Men | Total km | Total Time | Total min/km  | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde           | 2.00               | 10:56      | 5:28         | 16       | 2:43        | 381         | 4:54       | 2.00     | 10:56      | 5:28          | 20       |             | 220     | 4:54       |
| Runde           | 2.00               | 9:38       | 4:48         | 9        | 1:08        | 274         | 3:41       | 4.00     | 20:34      | 5:08          | 20       |             | 218     | 8:35       |
| Runde           | 2.00               | 9:42       | 4:50         | 8        | 1:07        | 260         | 3:47       | 6.00     | 30:16      | 5:02          | 20       |             | 217     | 12:22      |
| Runde           | 2.00               | 9:39       | 4:49         | 6        | 0:59        | 235         | 3:44       | 8.00     | 39:55      | 4:59          | 20       |             | 216     | 16:06      |
| Leichtathletikh | 2.00               | 9:43       | 4:51         | 7        | 1:15        | 279         | 3:53       | 10.00    | 49:38      | 4:57          | 9        | 7:11        | 291     | 19:59      |