



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Rott, Franz

Club: LSV Lok Arnstadt

Number: 283

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 15:32

Speed: 15.45 km/h

Running performance: 3:53 min/km

Rank in course/Total: 35 (of 477)

Rank in course/Men: 32 (of 315)

Best time in course: 12:17

Rank in category: 4 (of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:08	4:03	5	1:02	49	2:08	2.00	8:08	4:03	26		18	2:08
Leichtathletikhalle	2.00	7:24	3:42	1	-	17	1:10	4.00	15:32	3:53	4	0:38	32	3:15