



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Finger, Jacqueline

Club: SC Impuls Erfurt

Number: 1355

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 51:36

Speed: 11.63 km/h

Running performance: 5:10 min/km

Rank in course/Total: 403 (of 686)

Rank in course/Women: 49 (of 143)

Best time in course: 35:30

Rank in category: 14(of 49)

Best time in the category: 44:06

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|---------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde | 2.00 | 10:52 | 5:26 | 19 | 2:14 | 55 | 3:56 | 2.00 | 10:52 | 5:26 | 26 | | 44 | 3:56 |
| Runde | 2.00 | 10:18 | 5:09 | 16 | 1:35 | 55 | 3:11 | 4.00 | 21:10 | 5:17 | 26 | | 44 | 7:07 |
| Runde | 2.00 | 10:17 | 5:08 | 13 | 1:35 | 51 | 3:07 | 6.00 | 31:27 | 5:14 | 26 | | 44 | 10:14 |
| Runde | 2.00 | 10:05 | 5:02 | 7 | 1:10 | 35 | 2:52 | 8.00 | 41:32 | 5:11 | 26 | | 44 | 13:06 |
| Leichtathletikhalle | 2.00 | 10:04 | 5:01 | 8 | 1:14 | 40 | 3:00 | 10.00 | 51:36 | 5:09 | 14 | 7:30 | 49 | 16:06 |