



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Kübeck, Peter**

Club: Halle

Number: 982

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Senioren M30 (30-39 Jahre)

Total time: 55:49

Speed: 10.75 km/h

Running performance: 5:35 min/km

Rank in course/Total: 540 (of 686)

Rank in course/Men: 457 (of 543)

Best time in course: 29:39

Rank in category: 121(of 136)

Best time in the category: 32:18

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	9:27	4:43	53	3:02	182	3:25	2.00	9:27	4:43	81	3:02	68	3:25	
Runde	2.00	8:54	4:27	47	2:22	155	2:57	4.00	18:21	4:35	43	5:24	122	6:22	
Runde	2.00	9:14	4:36	53	2:34	178	3:19	6.00	27:35	4:35	80	7:58	314	9:41	
Runde	2.00	9:22	4:41	55	2:54	184	3:27	8.00	36:57	4:37	80	10:52	313	13:08	
Leichtathletikhaf	2.00	18:52	9:26	135	12:39	533	13:02	10.00	55:49	5:34	121	23:31	457	26:10	