



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Heverhagen, Heike

Club: fit&run Weimar

Number: 1039

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Seniorinnen W40 (40-49 Jahre)

Rank in course/Total: DNF (of 686)

Rank in course/Women: DNF (of 143)

Best time in course: 35:30

Rank in category: DNF(of 49)

Best time in the category: 44:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women	km	Time				Pos Women	Behind Women
Runde	2.00	12:33	6:16	39	3:55	122	5:37	2.00	12:33	6:16	42	1:17	50	5:37
Runde	2.00	12:06	6:02	43	3:23	127	4:59	4.00	24:39	6:09	42	2:43	50	10:36
Runde	2.00	11:57	5:58	39	3:15	115	4:47	6.00	36:36	6:06	42	3:46	50	15:23
Runde	2.00	11:52	5:56	37	2:57	107	4:39	8.00	48:28	6:03	42	4:21	50	20:02
Leichtathletikhalle	2.00	fehlt!	-	-	-	-	-	10.00	-	-	-	-	-	-