



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Schwindl, Peter

Club: Friedberg

Number: 1383

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Senioren M50 (50-59 Jahre)

Total time: 47:23

Speed: 12.66 km/h

Running performance: 4:44 min/km

Rank in course/Total: 234 (of 686)

Rank in course/Men: 214 (of 543)

Best time in course: 29:39

Rank in category: 29(of 107)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:04	5:01	43	2:29	268	4:02	2.00	10:04	5:01	27	2:29	211	4:02
Runde	2.00	9:22	4:41	29	1:25	223	3:25	4.00	19:26	4:51	62	3:51	355	7:27
Runde	2.00	9:24	4:42	25	1:17	213	3:29	6.00	28:50	4:48	62	5:08	354	10:56
Runde	2.00	9:22	4:41	22	1:18	184	3:27	8.00	38:12	4:46	62	6:26	353	14:23
Leichtathletikhall	2.00	9:11	4:35	22	1:16	193	3:21	10.00	47:23	4:44	29	7:42	214	17:44