



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Kellermann, Grit

Club: TU Ilmenau

Number: 886

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Frauen (20-29 Jahre)

Total time: 51:11

Speed: 11.72 km/h

Running performance: 5:07 min/km

Rank in course/Total: 385 (of 686)

Rank in course/Women: 43 (of 143)

Best time in course: 35:30

Rank in category: 15(of 31)

Best time in the category: 35:30

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|---------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde | 2.00 | 10:03 | 5:01 | 13 | 3:07 | 31 | 3:07 | 2.00 | 10:03 | 5:01 | 18 | - | 65 | 3:07 |
| Runde | 2.00 | 9:58 | 4:59 | 15 | 2:51 | 36 | 2:51 | 4.00 | 20:01 | 5:00 | 18 | - | 66 | 5:58 |
| Runde | 2.00 | 10:06 | 5:02 | 15 | 2:56 | 40 | 2:56 | 6.00 | 30:07 | 5:01 | 1 | - | 66 | 8:54 |
| Runde | 2.00 | 11:03 | 5:31 | 16 | 3:50 | 72 | 3:50 | 8.00 | 41:10 | 5:08 | 1 | - | 66 | 12:44 |
| Leichtathletikhalle | 2.00 | 10:01 | 5:00 | 13 | 2:57 | 37 | 2:57 | 10.00 | 51:11 | 5:07 | 15 | 15:41 | 43 | 15:41 |