



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Bargfeld, Felix

Club: Kirchheim

Number: 325

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 19:34

Speed: 12.27 km/h

Running performance: 4:53 min/km

Rank in course/Total: 155 (of 477)

Rank in course/Men: 126 (of 315)

Best time in course: 12:17

Rank in category: 7 (of 9)

Best time in the category: 13:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:49	5:24	7	4:25	177	4:49	2.00	10:49	5:24	5	4:25	83	4:49
Leichtathletikhalle	2.00	8:45	4:22	6	2:06	79	2:31	4.00	19:34	4:53	7	6:31	126	7:17