



Winterlaufserie des ELV 2013  
Creuzburg / 27.01.2013

Detailed evaluation

Lechler, Jens-Uwe

Club: Eisenacher LV  
Number: 98

Course: 5.50 km  
1. Lauf Kurzdistanz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 29:58

Speed: 10.01 km/h  
Running performance: 5:27 min/km

Rank in course/Total: 12 (of 28)

Rank in course/Men: 11 (of 21)

Best time in course: 22:44

Rank in category: 1(of 1)

Best time in the category: 29:58