



Winterlaufserie des ELV 2013
Creuzburg / 27.01.2013

Detailed evaluation

Helbig, Hans-Peter

Club: Stedtfelder Rennsteigfreunde
Number: 589

Course: 5.50 km
1. Lauf Kurzdistanz

Category:
Senioren M70 (70-74 Jahre)

Total time: 34:37

Speed: 9.53 km/h
Running performance: 6:17 min/km

Rank in course/Total: 24 (of 28)

Rank in course/Men: 20 (of 21)

Best time in course: 22:44

Rank in category: 2(of 3)

Best time in the category: 33:26