



Winterlaufserie des ELV 2013  
Creuzburg / 27.01.2013

Detailed evaluation

**Metzner, Wieland**

Club: Saalfelder LV  
Number: 580

Course: 11.30 km  
1. Lauf Langdistanz

Category:  
Männer (20-29 Jahre)

Total time: 44:05

Speed: 14.97 km/h  
Running performance: 3:54 min/km

Rank in course/Total: 4 (of 67)

Rank in course/Men: 4 (of 49)

Best time in course: 42:51

Rank in category: 1(of 5)

Best time in the category: 44:05