



Winterlaufserie des ELV 2013
Creuzburg / 27.01.2013

Detailed evaluation

Michl, Rene

Club: Sportteam Steinbach Meiningen
Number: 545

Course: 11.30 km
1. Lauf Langdistanz

Category:
Senioren M35 (35-39 Jahre)

Total time: 44:55

Speed: 14.69 km/h
Running performance: 3:58 min/km

Rank in course/Total: 6 (of 67)

Rank in course/Men: 6 (of 49)

Best time in course: 42:51

Rank in category: 2(of 8)

Best time in the category: 43:52