



Winterlaufserie des ELV 2013
Creuzburg / 27.01.2013

Detailed evaluation

Rippel, Markus

Club: SV Nomania Treffurt
Number: 628

Course: 11.30 km
1. Lauf Langdistanz

Category:
Senioren M30 (30-34 Jahre)

Total time: 45:23

Speed: 14.54 km/h
Running performance: 4:01 min/km

Rank in course/Total: 9 (of 67)

Rank in course/Men: 9 (of 49)

Best time in course: 42:51

Rank in category: 1(of 4)

Best time in the category: 45:23