



Winterlaufserie des ELV 2013
Creuzburg / 27.01.2013

Detailed evaluation

Graf, Felix

Club: Triathlon Friedrichroda
Number: 562

Course: 11.30 km
1. Lauf Langdistanz

Category:
Senioren M30 (30-34 Jahre)

Total time: 45:43

Speed: 14.83 km/h
Running performance: 4:03 min/km

Rank in course/Total: 11 (of 67)

Rank in course/Men: 11 (of 49)

Best time in course: 42:51

Rank in category: 2(of 4)

Best time in the category: 45:23