



Winterlaufserie des ELV 2013
Creuzburg / 27.01.2013

Detailed evaluation

Hesse, Uwe

Club: Physio K. Hesse
Number: 575

Course: 11.30 km
1. Lauf Langdistanz

Category:
Senioren M55 (55-59 Jahre)

Total time: 48:49

Speed: 13.52 km/h
Running performance: 4:19 min/km

Rank in course/Total: 20 (of 67)

Rank in course/Men: 20 (of 49)

Best time in course: 42:51

Rank in category: 2(of 3)

Best time in the category: 48:35