



Winterlaufserie des ELV 2013  
Creuzburg / 27.01.2013

Detailed evaluation

Zimmermann, Stefan

Club: LG Ohra Energie  
Number: 626

Course: 11.30 km  
1. Lauf Langdistanz

Category:  
Senioren M30 (30-34 Jahre)

Total time: 49:51

Speed: 13.24 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 22 (of 67)

Rank in course/Men: 21 (of 49)

Best time in course: 42:51

Rank in category: 4(of 4)

Best time in the category: 45:23