



Winterlaufserie des ELV 2013  
Creuzburg / 27.01.2013

Detailed evaluation

Hantzsch, Helmut

Club: The Rennsteig Runners  
Number: 585

Course: 11.30 km  
1. Lauf Langdistanz

Category:  
Senioren M65 (65-69 Jahre)

Total time: 50:45

Speed: 13.36 km/h  
Running performance: 4:29 min/km

Rank in course/Total: 24 (of 67)

Rank in course/Men: 23 (of 49)

Best time in course: 42:51

Rank in category: 1(of 4)

Best time in the category: 50:45