



Winterlaufserie des ELV 2013  
Creuzburg / 27.01.2013

Detailed evaluation

Michl, Ramona

Club: Sportteam Steinbach Meiningen  
Number: 546

Course: 11.30 km  
1. Lauf Langdistanz

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 51:11

Speed: 12.89 km/h  
Running performance: 4:32 min/km

Rank in course/Total: 26 (of 67)  
Rank in course/Women: 2 (of 18)  
Best time in course: 49:08

Rank in category: 1(of 4)  
Best time in the category: 51:11