



Winterlaufserie des ELV 2013
Creuzburg / 27.01.2013

Detailed evaluation

ernst, beate

Club: Sonntagsläufer Tambach-Dietharz
Number: 561

Course: 11.30 km
1. Lauf Langdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 51:57

Speed: 12.70 km/h
Running performance: 4:36 min/km

Rank in course/Total: 28 (of 67)
Rank in course/Women: 3 (of 18)
Best time in course: 49:08

Rank in category: 1(of 5)
Best time in the category: 51:57