



Winterlaufserie des ELV 2013
Creuzburg / 27.01.2013

Detailed evaluation

Gasa, Carola

Club: SV Mihla
Number: 622

Course: 11.30 km
1. Lauf Langdistanz

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 54:56

Speed: 12.01 km/h
Running performance: 4:52 min/km

Rank in course/Total: 37 (of 67)
Rank in course/Women: 6 (of 18)
Best time in course: 49:08

Rank in category: 2(of 4)
Best time in the category: 53:06