



Winterlaufserie des ELV 2013
Creuzburg / 27.01.2013

Detailed evaluation

Henning, Jürgen

Club: Spvgg Faulungen

Number: 611

Course: 11.30 km

1. Lauf Langdistanz

Category:

Senioren M50 (50-54 Jahre)

Total time: 55:42

Speed: 11.85 km/h

Running performance: 4:56 min/km

Rank in course/Total: 39 (of 67)

Rank in course/Men: 32 (of 49)

Best time in course: 42:51

Rank in category: 1(of 4)

Best time in the category: 55:42