



Winterlaufserie des ELV 2013  
Creuzburg / 27.01.2013

Detailed evaluation

Leihbecher, Jens

Club: Goldbach

Number: 564

Course: 11.30 km

1. Lauf Langdistanz

Category:

Senioren M45 (45-49 Jahre)

Total time: 56:13

Speed: 11.74 km/h

Running performance: 4:58 min/km

Rank in course/Total: 41 (of 67)

Rank in course/Men: 33 (of 49)

Best time in course: 42:51

Rank in category: 8(of 10)

Best time in the category: 42:51