



Winterlaufserie des ELV 2013
Creuzburg / 27.01.2013

Detailed evaluation

Patzenhauer, Holger

Club: SV Blau Weiß Creuzburg
Number: 598

Course: 11.30 km
1. Lauf Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 56:28

Speed: 11.69 km/h
Running performance: 5:00 min/km

Rank in course/Total: 43 (of 67)

Rank in course/Men: 35 (of 49)

Best time in course: 42:51

Rank in category: 9(of 10)

Best time in the category: 42:51