



Winterlaufserie des ELV 2013
Creuzburg / 27.01.2013

Detailed evaluation

Freitag, Annett

Club: Eisenacher LV
Number: 573

Course: 11.30 km
1. Lauf Langdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 57:00

Speed: 11.89 km/h
Running performance: 5:02 min/km

Rank in course/Total: 45 (of 67)
Rank in course/Women: 9 (of 18)
Best time in course: 49:08

Rank in category: 2(of 5)
Best time in the category: 51:57