



Winterlaufserie des ELV 2013
Creuzburg / 27.01.2013

Detailed evaluation

Kämper, Anke

Club: fit & run
Number: 497

Course: 11.30 km
1. Lauf Langdistanz

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 59:43

Speed: 11.35 km/h
Running performance: 5:17 min/km

Rank in course/Total: 46 (of 67)
Rank in course/Women: 10 (of 18)
Best time in course: 49:08

Rank in category: 3(of 4)
Best time in the category: 51:11