



Winterlaufserie des ELV 2013
Creuzburg / 27.01.2013

Detailed evaluation

Hennig, Bernhard

Club: SV Mihla
Number: 554

Course: 11.30 km
1. Lauf Langdistanz

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:00:29

Speed: 10.91 km/h
Running performance: 5:21 min/km

Rank in course/Total: 49 (of 67)

Rank in course/Men: 39 (of 49)

Best time in course: 42:51

Rank in category: 3(of 4)

Best time in the category: 50:45