



Winterlaufserie des ELV 2013
Creuzburg / 27.01.2013

Detailed evaluation

Temmler, Silke

Club: SV Normania Treffurt
Number: 597

Course: 11.30 km
1. Lauf Langdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:03:32

Speed: 10.67 km/h
Running performance: 5:37 min/km

Rank in course/Total: 55 (of 67)
Rank in course/Women: 12 (of 18)
Best time in course: 49:08

Rank in category: 3(of 5)
Best time in the category: 51:57