



Winterlaufserie des ELV 2013  
Creuzburg / 27.01.2013

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer  
Number: 570

Course: 11.30 km  
1. Lauf Langdistanz

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:04:25

Speed: 10.25 km/h  
Running performance: 5:42 min/km

Rank in course/Total: 57 (of 67)  
Rank in course/Women: 14 (of 18)  
Best time in course: 49:08

Rank in category: 4(of 4)  
Best time in the category: 51:11