



Winterlaufserie des ELV 2013
Creuzburg / 27.01.2013

Detailed evaluation

Schlieffe, Sibylle

Club: SV Mihla
Number: 613

Course: 11.30 km
1. Lauf Langdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:05:14

Speed: 10.12 km/h
Running performance: 5:46 min/km

Rank in course/Total: 59 (of 67)
Rank in course/Women: 15 (of 18)
Best time in course: 49:08

Rank in category: 5(of 5)
Best time in the category: 51:57