



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Lorenz, Frances

Club: KamsdorferSpassSporler

Number: 337

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 58:40

Speed: 9.20 km/h

Running performance: 6:01 min/km

Rank in course/Total: 101 (of 149)

Rank in course/Women: 21 (of 44)

Best time in course: 47:58

Rank in category: 3(of 6)

Best time in the category: 51:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	18:20	5:38	2	1:54	16	2:56	3.25	18:20	5:38	3	1:54	43		
Lap 2	3.25	21:15	6:32	3	3:45	27	5:03	6.50	39:35	6:05	3	5:39	43		
Last lap Finish	3.25	19:05	5:52	3	1:30	19	2:43	9.75	58:40	6:01	3	7:09	22	13:37	