



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Hörle, Steffi

Club: Weilar

Number: 465

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 58:50

Speed: 9.18 km/h

Running performance: 6:02 min/km

Rank in course/Total: 104 (of 149)

Rank in course/Women: 23 (of 44)

Best time in course: 47:58

Rank in category: 5(of 9)

Best time in the category: 47:58

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 3.25 | 20:28 | 6:17 | 6 | 5:04 | 32 | 5:04 | 3.25 | 20:28 | 6:17 | 5 | 5:04 | 12 | 0:25 |
| Lap 2 | 3.25 | 19:57 | 6:08 | 5 | 3:45 | 21 | 3:45 | 6.50 | 40:25 | 6:13 | 5 | 8:49 | 2 | |
| Last lap Finish | 3.25 | 18:25 | 5:40 | 2 | 2:03 | 12 | 2:03 | 9.75 | 58:50 | 6:02 | 5 | 10:52 | 24 | 13:47 |