



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Hörle, Steffi

Club: Weilar

Number: 465

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 58:50

Speed: 9.18 km/h

Running performance: 6:02 min/km

Rank in course/Total: 104 (of 149)

Rank in course/Women: 23 (of 44)

Best time in course: 47:58

Rank in category: 5(of 9)

Best time in the category: 47:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:28	6:17	6	5:04	32	5:04	3.25	20:28	6:17	5	5:04	12	0:25
Lap 2	3.25	19:57	6:08	5	3:45	21	3:45	6.50	40:25	6:13	5	8:49	2	
Last lap Finish	3.25	18:25	5:40	2	2:03	12	2:03	9.75	58:50	6:02	5	10:52	24	13:47