



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Dr. Wendrich, Frank

Club: Laufprojekt Gelnhausen

Number: 345

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 59:16

Speed: 9.11 km/h

Running performance: 6:05 min/km

Rank in course/Total: 108 (of 149)

Rank in course/Men: 85 (of 105)

Best time in course: 32:58

Rank in category: 17(of 18)

Best time in the category: 39:30

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 18:46 | 5:46 | 16 | 5:59 | 84 | 8:31 | 3.25 | 18:46 | 5:46 | 3 | 1:59 | 85 | 8:31 |
| Lap 2 | 3.25 | 20:07 | 6:11 | 17 | 6:42 | 82 | 8:20 | 6.50 | 38:53 | 5:58 | 3 | 4:35 | 83 | 14:08 |
| Last lap Finish | 3.25 | 20:23 | 6:16 | 17 | 7:05 | 84 | 12:10 | 9.75 | 59:16 | 6:04 | 17 | 19:46 | 86 | 26:18 |