



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Weiß, Maik

Club: Ilmenau

Number: 442

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 59:08

Speed: 9.13 km/h

Running performance: 6:04 min/km

Rank in course/Total: 107 (of 149)

Rank in course/Men: 84 (of 105)

Best time in course: 32:58

Rank in category: 10(of 13)

Best time in the category: 36:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:27	6:17	13	8:30	100	10:12	3.25	20:27	6:17	10	8:30	86	10:12
Lap 2	3.25	20:07	6:11	11	7:47	82	8:20	6.50	40:34	6:14	10	16:17	84	15:49
Last lap Finish	3.25	18:34	5:42	7	6:03	62	10:21	9.75	59:08	6:03	10	22:20	85	26:10