



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Roth, Wolfgang

Club: Mühltaalverein Eisenberg
Number: 361

Course: 9.75 km
10 km Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 59:51

Speed: 9.02 km/h
Running performance: 6:08 min/km

Rank in course/Total: 111 (of 149)

Rank in course/Men: 87 (of 105)

Best time in course: 32:58

Rank in category: 4(of 5)

Best time in the category: 48:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:01	5:51	4	3:07	89	8:46	3.25	19:01	5:51	4	3:07	87	8:46
Lap 2	3.25	20:35	6:19	4	4:29	89	8:48	6.50	39:36	6:05	4	7:36	85	14:51
Last lap Finish	3.25	20:15	6:13	4	4:10	83	12:02	9.75	59:51	6:08	4	11:46	88	26:53