



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Schreier, Jana

Club: LG Thalheim

Number: 354

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 59:31

Speed: 9.07 km/h

Running performance: 6:06 min/km

Rank in course/Total: 109 (of 149)

Rank in course/Women: 24 (of 44)

Best time in course: 47:58

Rank in category: 2(of 5)

Best time in the category: 53:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	19:52	6:06	3	2:00	25	4:28	3.25	19:52	6:06	2	2:00	3		
Lap 2	3.25	20:26	6:17	2	2:22	24	4:14	6.50	40:18	6:11	2	4:22	4		
Last lap Finish	3.25	19:13	5:54	2	1:14	20	2:51	9.75	59:31	6:06	2	5:36	25	14:28	