



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Gorgels, Pascal

Club: TriaTeamTaunusstein

Number: 406

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 1:00:55

Speed: 8.86 km/h

Running performance: 6:15 min/km

Rank in course/Total: 118 (of 149)

Rank in course/Men: 92 (of 105)

Best time in course: 32:58

Rank in category: 6(of 7)

Best time in the category: 34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:35	4:47	4	4:30	36	5:20	3.25	15:35	4:47	6	4:30	94	5:20
Lap 2	3.25	26:07	8:02	7	14:20	103	14:20	6.50	41:42	6:24	6	18:50	92	16:57
Last lap Finish	3.25	19:13	5:54	6	7:27	73	11:00	9.75	1:00:55	6:14	6	26:17	93	27:57