



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Köhler, Mark

Club: TriaTeamTaunusstein

Number: 407

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 1:01:11

Speed: 9.56 km/h

Running performance: 6:17 min/km

Rank in course/Total: 121 (of 149)

Rank in course/Men: 94 (of 105)

Best time in course: 32:58

Rank in category: 7(of 7)

Best time in the category: 34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	19:17	5:56	7	8:12	92	9:02	3.25	19:17	5:56	7	8:12	95	9:02
Lap 2	3.25	21:05	6:29	6	9:18	91	9:18	6.50	40:22	6:12	7	17:30	90	15:37
Last lap Finish	3.25	20:49	6:24	7	9:03	88	12:36	9.75	1:01:11	6:16	7	26:33	95	28:13