



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Bretfeld, Dieter

Club: VfB IMO Merseburg

Number: 424

Course: 9.75 km

10 km Lauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:02:47

Speed: 8.60 km/h

Running performance: 6:26 min/km

Rank in course/Total: 123 (of 149)

Rank in course/Men: 95 (of 105)

Best time in course: 32:58

Rank in category: 1(of 1)

Best time in the category: 1:02:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:46	6:04	1	-	97	9:31	3.25	19:46	6:04	1	-	96	9:31
Lap 2	3.25	21:38	6:39	1	-	95	9:51	6.50	41:24	6:22	1	-	94	16:39
Last lap Finish	3.25	21:23	6:34	1	-	94	13:10	9.75	1:02:47	6:26	1	-	96	29:49