



# 7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

## Detailed evaluation

**Bodenheimer, Jörg**

Club: TriaTeamTaunusstein

Number: 404

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:04:07

Speed: 8.42 km/h

Running performance: 6:35 min/km

Rank in course/Total: 127 (of 149)

Rank in course/Men: 97 (of 105)

Best time in course: 32:58

Rank in category: 10(of 11)

Best time in the category: 45:13

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:19	5:56	9	5:37	93	9:04	3.25	19:19	5:56	10		97	9:04
Lap 2	3.25	22:33	6:56	10	7:27	99	10:46	6.50	41:52	6:26	9	11:52	95	17:07
Last lap Finish	3.25	22:15	6:50	10	7:02	98	14:02	9.75	1:04:07	6:34	10	18:54	98	31:09