



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Kröplin, Stefan

Club: Egger Holzwerkstoffe Wismar

Number: 317

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:03:38

Speed: 9.19 km/h

Running performance: 6:32 min/km

Rank in course/Total: 124 (of 149)

Rank in course/Men: 96 (of 105)

Best time in course: 32:58

Rank in category: 9(of 11)

Best time in the category: 45:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:59	5:50	8	5:17	88	8:44	3.25	18:59	5:50	11		98	8:44
Lap 2	3.25	22:30	6:55	9	7:24	98	10:43	6.50	41:29	6:22	10	11:29	96	16:44
Last lap Finish	3.25	22:09	6:48	9	6:56	97	13:56	9.75	1:03:38	6:31	9	18:25	97	30:40