



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Wagner, Heribert

Club: DJK Wegfurt

Number: 316

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:04:54

Speed: 8.32 km/h

Running performance: 6:40 min/km

Rank in course/Total: 129 (of 149)

Rank in course/Men: 98 (of 105)

Best time in course: 32:58

Rank in category: 5(of 5)

Best time in the category: 48:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	19:23	5:57	5	3:29	94	9:08	3.25	19:23	5:57	5	3:29	100	9:08
Lap 2	3.25	22:16	6:51	5	6:10	97	10:29	6.50	41:39	6:24	5	9:39	98	16:54
Last lap Finish	3.25	23:15	7:09	5	7:10	100	15:02	9.75	1:04:54	6:39	5	16:49	99	31:56