



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Leimbach, Diana

Club: FSV Silvester 91

Number: 321

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:06:13

Speed: 8.83 km/h

Running performance: 6:47 min/km

Rank in course/Total: 134 (of 149)

Rank in course/Women: 34 (of 44)

Best time in course: 47:58

Rank in category: 4(of 5)

Best time in the category: 53:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:40	6:21	5	2:48	33	5:16	3.25	20:40	6:21	4	2:48	13	0:37
Lap 2	3.25	22:39	6:58	5	4:35	36	6:27	6.50	43:19	6:39	4	7:23	13	0:41
Last lap Finish	3.25	22:54	7:02	4	4:55	34	6:32	9.75	1:06:13	6:47	4	12:18	35	21:10